

GABA-Pro™

Calming Effect

100% Natural GABA

100 mg

Product Summary

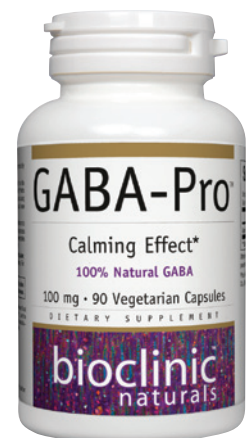
Gamma-amino butyric acid (GABA) is one of the major inhibitory neurotransmitters in the central nervous system, balancing the excitatory effects of glutamate on neuronal activity. The inhibitory effects of GABA are generally considered to lessen anxiety, relax muscle tension, and have sedative-like effects. In addition, conditions such as anxiety, depression, insomnia, and epilepsy have all been associated with low GABA concentration or activity. GABA has also been shown to cause a significant increase in alpha brain waves compared to control, indicative of a more relaxed state, as well as better concentration. In a clinical trial involving patients with a fear of heights, GABA-Pro was found to increase salivary levels of sIgA while crossing a suspension bridge, as compared to the control group whose salivary IgA levels dropped 35%. This is indicative of the stress-reducing effect of GABA-Pro.

Increasing GABA activity is also a therapeutic target for many medications used in the treatment of insomnia, often by targeting GABA receptors. This has the effect of decreasing waking, shorten sleep latency, and increasing slow-wave sleep.

Unique Features

- Fast acting due to its natural form, effects can be felt in as little as five minutes and can last from four to six hours
- GABA-Pro uses PharmaGABA®, a naturally-sourced form superior to that of synthetic GABA. It is naturally manufactured via a fermentation process that utilizes *Lactobacillus hilgardii*, the bacterium used to ferment vegetables in the preparation of the traditional Korean dish known as kimchi.
- Complements other anti-stress supplements, improving calmness and relaxation while coping with daily stress and reduces the negative effects of caffeine consumption
- Gentle and non-addictive with virtually no side effects, unlike pharmaceutical GABA-enhancing medications
- Easy-to-swallow and highly-bioavailable vegetarian capsule

GABA-Pro™
Calming Effect
100 mg
90 vegetarian capsules
Code: 9284



Actual size: 19.22 mm X 6.72 mm
Feature: Vegetarian capsule

Supplement Facts

Serving Size 2 Capsules
 Servings Per Container 45

	Amount Per Serving	% Daily Value
Gamma Amino Butyric Acid (GABA)	200 mg	**

** Daily Value not established.

Other ingredients: Vegetarian capsule (cellulose, purified water, silica), rice powder, magnesium stearate (vegetable grade), silica.

Contains no artificial preservatives, colors or sweeteners; no dairy, soy or wheat. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

Suggested Usage: 1–2 capsules up to 3 times per day or as directed by a health care professional.

Contraindication: While no specific contraindication exists or is predicted, data is lacking for use during pregnancy, lactation, and in children, and the dosage may need to be reduced for those less than 18.

Drug Interactions: No known drug interactions have been documented for GABA-Pro, though theoretical concern exists for interaction with CNS depressants.



· GUARANTEED ·

Bioclinic Naturals products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the Canadian Government and the Therapeutic Goods Administration (TGA) regulations of Australia—among the world's highest standards for natural products.



Recyclable container

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